INDEX FOR VOLUME FIFTY-FOUR

The second number indicates the issue (September No. 1, January No. 5, June No. 10, etc.) The third series of numbers refers to the page on which the article appears.

A

Acton, Phil, The Go Quarterback System 54- 9-18
Albert, Philip, The Max Series 54- 1-72
Angle, Bill, Bump-and-Run in High School Defense 54- 8-38
Ariel, Dr. Gideon, Computerized Biomechanical Analysis of Human Performance 54- 7-54
Axman, Steve, Defensing High School Triple Options 54- 8-18

B

Baran, Richard T., A Touch of Undue Influence 54- 1-60
Barker, Doug, A Close Look at the Tight End as an Offensive Weapon 54- 9-10
Barker, Greg, A Close Look at the Tight End as an Offensive Weapon 54- 9-10
Baseball: Base-Running, 71 Points for Good 54- 6-48
Ronald G. Polk
Baseball: Bases, A Tour of the 54- 8-12
Richard A. Young and James F. McKenzie
Baseball: Control Can Be Taught 54- 5-52
Daniel Oliastro
Baseball: Downward Plane, Pitching on a 54- 6-26
Don Weiskopf
Baseball: Drills, Fundamental 54- 5-16
Bill McCabe
Baseball: Fake Bunt and Hit, The 54- 7-32
Tom Wheeler
Baseball: Hitting, Circuit Training for 54- 5-56
Rich Espicha
Baseball: Little Things, Baseball's 54- 6-38
Michael Cusack
Baseball: Motivation in Baseball 54- 5-22
Don Weiskopf
Baseball: Olympics, Baseball 54- 4-38
William W. Sandback
Baseball: On Base Average 54- 8-64
Brian Nolan
Baseball: Outfield, Playing the 54- 6-70
Tony Couey
Baseball: Outfield, Playing the 54- 7-14
Don Weiskopf
Baseball: Outfield, Playing the 54- 8-26
Don Weiskopf
Baseball: Outfield The 54- 7-62
David S. York
Baseball: Pick Them Off — If They Get On 54- 8-10
Jim Wasem
Baseball: Pitch, Call the 54- 8-44
Robert G. Hoehn
Baseball: Players to Run, Teaching Baseball 54- 6-18
Barry Hecker
Baseball: Receiving Signals 54- 6-60
Rick Smoliak
Baseball: "Right of Way," Avoid Collisions with the 54- 8-93
Donald Landolphi
Baseball: Season Tickets, Selling Baseball 54- 2-48
Dr. Don Ellis
Baseball: Shortstop, Mental Preparation for the 54- 7-78
Bill Ranta
Basketball: Ball-Handling Skills, Developing 54- 1-28
Hank Fengler
Basketball: Conditioning, Drill Sequence for Basketball 54- 3-30
Leonard MacPhee
Basketball: Crooked Elbow, Rx for Basketball's 54- 3-14
Sam Rodich
Basketball: Defense Drill, Individual 54- 4-18
Bill VanGundy
Basketball: Double Stack Delay Game, The 54- 4-14
Doug Schakel
Basketball: Dribbling, Drills for 54- 2-19
Hank Fengler
Basketball: Exchange Defense, Ohio University's 54- 4-40
George Klein
Basketball: Fast Break Conditioning Drills, Four-Line Continuous 54- 3-58
Ray Breves
Basketball: Fluctuating 1-2-2 Zone, The 54- 3-48
Gary L. Richey
Basketball: Forwards Take a Peek 54- 3-18
Robert Nichols
Basketball: Free Throwing, Scientific Approach to Successful 54- 3-52
Gary A. Palladino
Basketball: Free Throw Line Situations 54- 2-32
Hugh Hurst
Basketball: Free Throws, Don't Let the Opponents Rebound Missed 54- 3- 8
Richard D. Lien
Basketball: Free Throws, Rebound Those Missed 54- 2-50
Richard D. Lien
Basketball: Full Court Press, Options for the 54- 2-42
Donald J. Covelski
Basketball: Fundamentals, Station Drills for Better 54- 2-40
Bob Wilson
Basketball: Girls' Basketball, Fundamental Drills for 54- 2-56
Elvin R. Sweeten
Basketball: Jump Shooting, Simplified Method of Teaching 54- 1-26
Buddy Updike
Basketball: Low Post Attack, Developing a 54- 2-44
Calvin Irvin
Basketball: Mixer Offense, The 54- 3-24
Neil McCarthy
Basketball: Multiple Match-Up Press, 1-2-2 ..... 54- 3-56
Mel Hankinson
Basketball: Offense for the Small Team, Movement 54- 3-32
Jack Kaminer
Basketball: Offense, Putting the Word Team in Your 54- 4-44
Lee Walker
Basketball: Offense, 1973-'74 Basketball 54-10-10
Nelson Nitchman
Basketball: Officiating By the Numbers 54- 9-54
Milo Karhu and Donald Phillippi
Basketball: Off-Season Basketball, Diversionary Tactics for 54- 9-20
F. Compton Jenkins
Basketball: Off-Season Basketball Program, Hamline's 54-10-38
Don Meyer and Fred Litzenberger
Basketball: 1-4 Breaker, The 54- 2-46
Ron Lucas
Basketball: Out-of-Bounds Series 54- 4-12
Harry Fails, Jr.
Basketball: Passing Fancy 54- 2- 8
Robert Nichols
Basketball: Pinching Press, The 54- 3-50
Bob Knuckle
Basketball: Practice Outline, A Master 54- 3-62
Donald J. Covelski
Basketball: Press, An Effective 54- 5-50
Calvin Irvin
Basketball: Quickie Drills, Nine 54- 5-36
Sam Mills
Basketball: Ramrod Offense, The 54- 3-54
Dick Macres
Basketball: State Basketball Tournaments, 1974 54-10-56
Basketball: 30-Minute Drill, The 54- 4-48
Sonny Edelman
Basketball: Three Guard Shuffle 54- 3-34
Billy G. Gonzalez
Basketball: Triangle and Two, The 54- 2-36
Lawrence A. Wyllie and Thomas C. Hancock
Basketball: 2-Minute Drill 54- 1-22
W. Curt Boller
Basketball: 2-1-2 Offense, Put Continuity in Your 54- 2-34
Frank Satalin
Basketball: Zone Offense for Junior High Schools, A Simplified 54- 2-54
Eric Britner
Basketball: Zones, Basic Attack Versus 54- 3-16
Ken Miller
Basketball: Zones, Stack the 54- 5-28
Ronald S. Sieman
Bass, Sam, Double Barrel Offense 54- 1-54
Begg, Robert, The Pre-Season Football Training Camp Injury Dilemma 54-10-40
Beim, George, The Free Kick 54- 1-44
Boller, W. Curt, 2-Minute Drill 54- 1-22
Books, New 54- 2-37

Books, New 54- 5-26
Bove, John A., Multiple Secondary Coverage 54- 1-62
Branon, Michael F., Cracking the Seam with the Throwback 54- 1-46
Breves, Ray, Four-Line Continuous Fast Break Conditioning Drills 54- 3-58
Britner, Eric, A Simplified Zone Offense for Junior High Schools 54- 2-54
Brown, Barry S., Is Pre-Season Baseball Conditioning Necessary? 54- 5-60
Bruno, Frederick W., A Multiple Approach to Pass Protection 54- 8-70

C

Campbell, Dick, Assignment Stunts Versus the Wishbone 54-10-15
Cant, Malcolm, The Pre-Season Football Training Camp Injury Dilemma 54-10-40
Castle, Larry, Fast Results in Teaching the Backhand Ground Strokes 54- 6-12
Cheek, Frank, A Stand-Up Knockdown Affair 54- 3-36
Ciampi, Fred, Bring Back the Coffin Corner Kick 54- 1-24
Coaching School Directory 54- 9-34
Colfer, George R., Strength Training for the Hammer Throw 54- 5-10
Colfer, George R., The Relay Start 54- 6-36
Corona, Rick, Offensive Blocking: Use Calls as an Aid 54- 1-56
Courville, Kermit, From the Highs to the Intermediates 54- 6-40
Covelski, Donald J., A Master Practice Outline 54- 3-62
Covelski, Donald J., Options for the Full Court Press 54- 2-42
Couey, Tony, Playing the Outfield 54- 6-70
Cross-Country: Practice, Interesting Cross-Country 54-10-26
Bob Pecor
Curtis, Richard L., Offensive Line Strategy for the Inside Trap 54- 7-52
Cusack, Michael, Baseball's Little Things 54- 6-38

D

DeBriyn, Norm, Is Pre-Season Baseball Conditioning Necessary? 54- 5-60
Deming, H. T., Promoting Track in the Small High School 54- 6- 8

E

Ecker, Tom, High Hurdle Arm Action 54- 6-72
Ecker, Tom, The Somersault Long Jump 54- 5-12
Edelman, Sonny, The 30-Minute Drill 54- 4-48
Eldred, Vince, Are You Late on the Backhand? 54- 7-58
Eldred, Vince, Solution to a Poor Service Toss 54- 9-52
Eldred, Vince, Watch Those Feet 54- 8-46
Ellis, Dr. Don, Selling Baseball Season Tickets 54- 2-48
Endurance, Factors Which Influence 54- 9-74
Clayne Jensen
Espicha, Rick, Circuit Training for Hitting 54- 5-56
Evans, Bruce, Inside Linebacker Play in a Split 4 54-10-20

F

Fails, Harry Jr., Out-of-Bounds Series 54- 4-12
Fecher, Ron, From the Lows to the Highs 54- 7-68
Fengler, Hank, Developing Ball-Handling Skills 54- 1-28
Fengler, Hank, Drills for Dribbling 54- 2-19
Football: Blast Series, The 54- 1-10
Richard E. Welborn
Football: Blocking Assignments, Flexible 54-10-30
Robert Kunde
Football: Blocking Rules, Versatile Post-Drive Principle 54- 1-64
Jerry Zybura
Football: Blocking Schemes, Using Different 54-10-42
Joe Poindexter
Football: Blocking the Perimeter on the Triple Option, A New Concept in 54- 9-66
Steve Sogge
Football: Coffin Corner Kick, Bring Back the 54- 1-24
Fred Ciampi
Football: Defensive Change? Looking for a, Try the 4-3 Rover 54- 2-16
Ernest Simon
Football: Drill Period, Hartford 54- 8-82
Bob Larsen
Football: 5-3-3 Defense, Reintroducing the 54- 7-60
John R. Steward
Football: Flip-Flop System, The Flexible 54- 8-60
Dick Parker
Football: Four-Deep Defenses, Beating the Rotating 54- 1- 8
Victor Rowen
Football: Four-Point Stance, Short Trapping from the 54- 1-14
Stephen Pacelli
Football: Goal Line Pass Offense, Throw and Score, A 54- 8-78
John McGregor
Football: Go Quarterback System, The 54- 9-18
Phil Acton
Football: High School Defense, Bump-and-Run in 54- 8-38
Bill Angle
Football: Hit and Shed 54- 8-53
Lou Tepper
Football: Influence, A Touch of Undue 54- 1-60
Richard T. Baran
Football: Inside Trap, Offensive Line Strategy for the 54- 7-52
Richard L. Curtis
Football: L Formation, Attack the 4-4 with an 54- 8- 8
S. E. Sullins
Football: Long Yardage Alternatives 54- 1-52
Vincent F. McMahon
Football: Max Series, The 54- 1-72
Philip Albert
Football: Middle Screen, The 54- 9-76
Freeman Nelson
Football: Monster, A New Look for the 54- 7-34
Bill McKeown
Football: Motivation, Use Incentives for 54- 9-72
Grover Stevens
Football: 1973 Football Offense 54- 9-28
Nelson W. Nitchman
Football: Offense, Double Barrel 54- 1-54
Sam Bass
Football: Offensive Back, Combination Drill for the 54- 9-40
Gerald L. Pintar
Football: Offensive Blocking: Use Calls as an Aid 54- 1-56
Rick Corona
Football: Pass Offense Timing, Developing 54-10-32
Don Wilkinson
Football: Passing Mechanics 54- 7-48
Don Read
Football: Pass Protection, A Multiple Approach to 54- 8-70
Frederick W. Bruno
Football: Power I Set, Complementing the 54- 8-14
Rhod Reaves
Football: Power Sprint Series, Taming the 4-4 with the 54- 9-64
Stephen Pacelli
Football: Pro 4-3 Defense, Basic Alignment and Responsibilities for the 54-10-27
John Massengale
Football: Pro 4-3 with the Triple Option 54- 1-70
Boyde Long
Football: Pursuit 54- 9-44
Lou Tepper
Football: Secondary Coverage, Multiple 54- 1-62
John A. Bove
Football: Shotgun, Scatter the Defense with the 54- 1-58
Jon S. Kralovic
Football: Sideline Pass, Merits of the 54-10- 7
Don Read
Football: Split 4, Inside Linebacker Play in a 54-10-20
Bruce Evans
Football: Throwback, Cracking the Seam with the 54- 1-46
Michael F. Branon
Football: Tight End as an Offensive Weapon, A Close Look at the 54- 9-10
Doug Barker and Greg Barker
Football: Triple Option, Halfback Blocking on the 54-10-18
Robert Ford and Raymond Murphy
Football: Triple Option, Quarterback Technique for the 54- 8-34
Steve Sogge
Football: Triple Options, Defensing High School 54- 8-18
Steve Axman
Football: True Triple, The 54- 9-48
Kenneth E. Platt
Football: Wishbone, The, Assignment Stunts Versus 54-10-15
Dick Campbell
Ford, Robert, Halfback Blocking on the Triple Option 54-10-18
Frazier, Charles S., Was the Coach Negligent? 54- 5-14

G

Ganslen, Dr. Richard V., Penetration — A New Concept in Pole Vaulting Efficiency 54- 7-36
Gonzalez, Billy G., Three Guard Shuffle 54- 3-34
Gray, Charles A., Track Coach's Control Board 54- 4-30
Gray, Marvin R., Selected Guidelines to Winning Tennis 54- 9-80
Greenhut, Carl, How Well Did They Run? 54- 4-25
Greeno, Rich, Training Distance Runners 54- 7-12

H

Hancock, Thomas C., The Triangle and Two 54- 2-36
Hankinson, Mel, 1-2-2 Multiple Match-Up Press 54- 3-56
Hanley, Jim, Training for the Pole Vault 54- 5-48
Hansen, Douglas E., Approach to Year Round Track Conditioning 54- 3-64
Hay, James G., Characteristics of the Flop 54- 7-10
Hayes, Dean, Triple Jump Training 54- 6-10
Hecker, Barry, Teaching Baseball Players to Run 54- 6-18
Hockey: Slap, Snap, and Wrist Shots, Effectiveness of the 54- 5-30
J. L. Holcomb
Hoehn, Robert G., Call the Pitch 54- 8-44
Holcomb, J. L., Effectiveness of the Slap, Snap, and Wrist Shots 54- 5-30
Hughes, Steve, Motivating the Below Average Swimmer 54- 6-74
Hurst, Hugh, Free Throw Line Situations 54- 2-32
Huyck, Bill, Middle Distance Running 54- 8-16

I

Irvin, Calvin, An Effective Press 54- 5-50
Irvin, Calvin, Developing a Low Post Attack 54- 2-44
Items, New 54- 1-84
Items, New 54- 2-70
Items, New 54- 3-70
Items, New 54- 4-52
Items, New 54- 5-78
Items, New 54- 6-90
Items, New 54- 7-94
Items, New 54-8-104
Items, New 54- 9-96
Items, New 54-10-55

J

Jenkins, F. Compton, Diversionary Tactics for Off-Season Basketball 54- 9-20
Jensen, Clayne R., Essentials of Strength Building for Athletes 54- 6-68
Jensen, Clayne R., Factors Which Influence Endurance 54- 9-74
Jensen, Clayne R., Important Influences on Strength in Athletes 54- 8-40

K

Kaminer, Jack, Movement Offense for the Small Team 54- 3-32
Karhu, Milo, Officiating By the Numbers 54- 9-54
Klein, George, Ohio University's Exchange Defense 54- 4-40
Kloppenburg, Bob, Conditioning for Football 54- 6-44
Knuckle, Bob, The Pinching Press 54- 3-50
Kralovic, Jon S., Scatter the Defense with the Shotgun 54- 1-58
Kunde, Robert, Flexible Blocking Assignments 54-10-30

L

Lacrosse: Circuit Training for Lacrosse, Pre-Season 54- 8-32
Mitch Lemelbaum
Landolphi, Donald, Avoid Collisions with the "Right of Way" 54- 8-93
Larsen, Bob, Hartford Drill Period 54- 8-82
Lemelbaum, Mitch, Pre-Season Circuit Training for Lacrosse 54- 8-32
Lien, Richard D., Don't Let the Opponents Rebound Missed Free Throws 54- 3- 8
Lien, Richard D., Rebound Those Missed Free Throws 54- 2-50
Litzenberger, Fred, Hamline's Off-Season Basketball Program 54-10-38
Long, Boyde, Attacking the Pro 4-3 with the Triple Option 54- 1-70
Lucas, Ron, The 1-4 Breaker 54- 2-46

M

MacPhee, Leonard, Drill Sequence for Basketball Conditioning 54- 3-30
Macres, Dick, The Ramrod Offense 54- 3-54
Maertz, Richard C., Stand-Up: To Something Better 54- 4- 8
Maratta, Roy, The Modular Track Practice 54- 6-56
Massengale, John, Basic Alignment and Responsbilities for the Pro 4-3 Defense 54-10-27
McCabe, Bill, Fundamental Drills 54- 5-16
McCarthy, Neil, The Mixer Offense 54- 3-24
McGregor, John, A Goal Line Offense Throw and Score 54- 8-78
McKenzie, James F., A Tour of the Bases 54- 8-12
McKeown, Bill, A New Look for the Monster 54- 7-34
McMahon, Vincent F., Long Yardage Alternatives 54- 1-52
McManama, Jerre, The 2-4 Volleyball Defense 54- 4-20
Meyer, Don, Hamline's Off-Season Basketball Program 54-10-38
Miller, Ken, Basic Attack Versus Zones 54- 3-16
Mills, Sam, Nine Quickie Drills 54- 5-36
Murphy, Raymond, Halfback Blocking on the Triple Option 54-10-18

N

Negligent? Was the Coach 54- 5-14
Charles S. Frazier
Nelson, Freeman, The Middle Screen 54- 9-76
Nichols, Robert, Forwards Take a Peek 54- 3-18
Nichols, Robert, Passing Fancy 54- 2- 8
Nitchman, Nelson, 1973-'74 Basketball Offense 54-10-10
Nitchman, Nelson W., 1973 Football Offense 54- 9-28
Nolan, Brian, On Base Average 54- 8-64

O

Oliastro, Daniel, Control Can Be Taught 54- 5-52
Owens, Lewis F., Simple Leg Takedown with Variations 54- 1-66

P

Pacelli, Stephen, Short Trapping from the Four-Point Stance 54- 1-14
Pacelli, Stephen, Taming the 4-4 with the Power Sprint Series 54- 9-64
Palladino, Gary A., Scientific Approach to Successful Free Throwing 54- 3-52
Parker, Dick, The Flexible Flip-Flop System 54- 8-60
Pecor, Bob, Interesting Cross-Country Practice 54-10-26
Pennella, Lou, Teaching the Vault Indoors 54- 5-73
Pennella, Lou, Transforming a Basketball Arena Into an Indoor Track 54- 6-16
Performance Peak Through Psychological and Physiological Readiness, Achieving a 54- 2-60
Dr. Raymond Welsh
Phillippi, Donald, Officiating By the Numbers 54- 9-54
Pintar, Gerald L., Combination Drill for the Offensive Back 54- 9-40
Pintar, Gerald L., Tennis Frequency Chart 54- 5- 8
Platt, Kenneth E., The True Triple 54- 9-48
Poindexter, Joe, Using Different Blocking Schemes 54-10-42
Polk, Ronald G., 71 Points for Good Base-Running 54- 6-48

R

Ranta, Bill, Mental Preparation for the Shortstop 54- 7-78
Read, Don, Passing Mechanics 54- 7-48
Read, Don, Merits of the Sideline Pass 54-10- 7
Reaves, Rhod, Complementing the Power I Set 54- 8-14
Reeves, John, Soccer Activities for Small Groups 54-10- 8
Richey, Gary L., The Fluctuating 1-2-2 Zone 54- 3-48
Rodich, Sam, Rx for Basketball's Crooked Elbow 54- 3-14
Ross, Saul, A Scouting Form for Volleyball 54- 5-32
Rowen, Victor, Beating the Rotating Four-Deep Defenses 54- 1- 8
Rutkowski, John T., Rehabilitating Injured Knees 54- 2-58

S

Sandback, William W., Baseball Olympics 54- 4-38
Satalin, Frank, Put Continuity in Your 2-1-2 Offense 54- 2-34
Schakel, Doug, The Double Stack Delay Game 54- 4-14
Schneider, Val, The Pre-Season Football Training Camp Injury Dilemma 54-16-40
Sieman, Ronald S., Stack the Zones 54- 5-28

Simon, Ernest, Looking for a Defensive Change? Try the 4-3 Rover 54- 2-16
Smith, Dick, Diving at the First World Championships 54- 4-32
Smolink, Rick, Receiving Signals 54- 6-60
Soccer: Free Kick, The 54- 1-44
George Belm
Soccer: Small Groups, Soccer Activities for 54-10- 8
John Reevet
Sogge, Steve, A New Concept in Blocking the Perimeter on the Triple Option 54- 9-66
Sogge, Steve, Quarterback Technique for the Triple Option 54- 8-34
Steben, Ralph E., When It Comes to Starting — Don't Think 54- 6-25
Stevens, Grover, Use Incentives for Motivation 54- 9-72
Steward, John R., Reintroducing the 5-3-3 Defense 54- 7-60
Strome, Steve, Short Game for Tennis Coaches 54- 8-49
Sullins, S. E., Attack the 4-4 with an L Formation 54- 8- 8
Sweeten, Elvin R., Fundamental Drills for Girls' Basketball 54- 2-56
Swimming: Below Average Swimmer, Motivating the 54- 6-74
Steve Hughes
Swimming: Diving at the First World Championships 54- 4-32
Dick Smith

T

Tennis: Backhand? Are You Late on the 54- 7-58
Vince Eldred
Tennis: Backhand Ground Strokes, Fast Results in Teaching the 54- 6-12
Larry Castle
Tennis: Feet, Watch Those 54- 8-46
Vince Eldred
Tennis: Frequency Chart, Tennis 54- 5- 8
Gerald L. Pintar
Tennis: Guidelines to Winning Tennis, Selected 54- 9-80
Marvin R. Gray
Tennis: Poor Service Toss, Solution to a 54- 9-52
Vince Eldred
Tennis: Short Game for Tennis Coaches 54- 8-49
Steve Strome
Tepper, Lou, Hit and Shed 54- 8-53
Tepper, Lou, Pursuit 54- 9-44
Tougaw, P. W., Promoting Track in the Small High School 54- 6- 8
Track and Field: California Dominates 28th Annual Track Meet 54- 5-38
Track and Field: Control Board, Track Coach's 54- 4-30
Charles A. Gray
Track and Field: Distance Runners, Training 54- 7-12
Rich Greeno
Track and Field: Flop, Characteristics of the 54- 7-10
James G. Hay
Track and Field: Hammer Throw, Strength Training for the 54- 5-10
George R. Colfer
Track and Field: High Hurdle Arm Action 54- 6-72
Tom Ecker
Track and Field: Highs to the Intermediates, From the 54- 6-40
Kermit Courville
Track and Field: How Well Did They Run? 54- 4-25
Carl Greenhut
Track and Field: Indoor Track, Transforming a Basketball Arena Into an 54- 6-16
Lou Pennella
Track and Field: Javelin Throwing Sam Colson Style 54- 9-62
Fred Wilt
Track and Field: Long Jump, Getting the "Hang" in the 54- 7-28
Fred Wilt
Track and Field: Long Jump, The Somersault 54- 5-12
Tom Ecker
Track and Field: Lows to the Highs, From the 54- 7-68
Ron Fecher
Track and Field: Middle Distance Running 54- 8-16
Bill Huyck
Track and Field: Modular Track Practice, The 54- 6-56
Roy Maratta
Track and Field: National Honor Roll 54- 5-42
Track and Field: Pole Vaulting Efficiency Penetration — A New Concept in 54- 7-36
Dr. Richard V. Ganslen
Track and Field: Pole Vault, Training for the 54- 5-48
Jim Hanley
Track and Field: Relay Start, The 54- 6-36
George R. Colfer
Track and Field: Starting, When It Comes to, Don't Think 54- 6-25
Ralph E. Steben
Track and Field: Stubby, Why European Javelin Throwers Have Gone to the 54- 4-42
Ed Tucker
Track and Field: Track in the High Schools 54- 5-40
Track and Field: Track in the Small High School, Promoting 54- 6- 8
H. T. Deming and P. W. Tougaw
Track and Field: Triple Jump Training 54- 6-10
Dean Hayes
Track and Field: Vault Indoors, Teaching the 54- 5-73
Lou Pennella
Track and Field: Year Round Track Conditioning, Approach to 54- 3-64
Douglas E. Hansen
Training and Conditioning: Football, Conditioning for 54- 6-44
Bob Kloppenburg
Training and Conditioning: Human Performance, Computerized Biomechanical Analysis of 54- 7-54
Dr. Gideon Ariel
Training and Conditioning: Injured Knees, Rehabilitating 54- 2-58
John T. Rutkowski
Training and Conditioning: Injury Dilemma, The Pre-Season Football Training Camp 54-10-40
Malcolm Cant, Val Schneider, and Robert Begg
Training and Conditioning: Pre-Season Baseball Conditioning Necessary? Is 54- 5-60
Norm DeBryn and Barry S. Brown
Training and Conditioning: Strength Building for Athletes, Essentials of 54- 6-68
Clayne R. Jensen
Training and Conditioning: Strength in Athletes, Important Influences on 54- 8-40
Clayne R. Jensen
Tucker, Ed, Why European Javelin Throwers Have Gone to the Stubby 54- 4-42

U

Updike, Buddy, Simplified Method of Teaching Jump Shooting 54- 1-26

V

VanGundy, Bill, Individual Defense Drill 54- 4-18
Volleyball: Scouting Form for Volleyball, A 54- 5-32
Saul Ross
Volleyball: 2-4 Volleyball Defense, The 54- 4-20
Jerre McManama

W

Walker, Lee, Putting the Word Team in Your Offense 54- 4-44
Wasem, Jim, If They Get On — Pick Them Off 54- 8-10
Weiskopf, Don, Motivation in Baseball 54- 5-22
Weiskopf, Don, Pitching on a Downward Plane 54- 6-26
Weiskopf, Don, Playing the Outfield 54- 7-14
Weiskopf, Don, Playing the Outfield 54- 8-26
Weiss, Steven A., Front Headlock Series 54- 3-44
Weiss, Steven A., Use Greco-Roman Takedowns 54- 2-14
Welborn, Richard E., The Blast Series 54- 1-10
Welsh, Dr. Raymond, Achieving a Performance Peak Through Psychological and Physiological Readiness 54- 2-60
Wheeler, Tom, The Fake Bunt and Hit 54- 7-32
Wilkinson, Don, Developing Pass Offense Timing 54-10-32
Wilson, Bob, Station Drills for Better Fundamentals 54- 2-40
Wilt, Fred, Getting the "Hang" in the Long Jump 54- 7-28
Wilt, Fred, Javelin Throwing Sam Colson Style 54- 9-62
Wrestling: Greco-Roman Takedowns, Use 54- 2-14
Steven A. Weiss
Wrestling: Headlock Series, Front 54- 3-44
Steven A. Weiss
Wrestling: Leg Takedown with Varintions, Simple 54- 1-66
Lewis F. Owens
Wrestling: Stand-Up Knockdown Affair, A 54- 3-36
Frank Cheek
Wrestling: Stand-Up: To Something Better 54- 4- 8
Richard C. Maertz
Wyllie, Lawrence A., The Triangle and Two 54- 2-36

Y

York, David S., The Outfield 54- 7-62
Young, Richard A., A Tour of the Bases 54- 8-12

Z

Zybura, Jerry, Versatile Post-Drive Principle Blocking Rules 54- 6-64